



**MID NORTH
COAST**

HIGH-TIDE

*Official newsletter of
Surf Life Saving Mid North Coast*

President's Message

I welcome all fellow lifesavers and supporters to our SLSMNC newsletter. Since our last edition we have still been enduring various stages of the COVID restrictions which in some cases are specific to our Surf Clubs and we still are under the guidance of SLSNSW particularly in regards to use of Clubhouses, training, gymnasiums and social gatherings. It appears that there is some interest in being involved in some events such as triathlons etc, please make sure you check with Branch and other authorities before committing. I will be meeting with the Club Presidents next week to look at all aspects and how we transition into the new season as smoothly as possible. Obviously each Club will have their unique situations and we will hope to gain some consistency for all members.

Last week you would have seen the announcement of a statewide \$1.2M COVID package for all Clubs which should hopefully offset some of the loss of income by Clubs. This was a direct contribution from SLSNSW funds on their own initiative and should be applauded and appreciated.

The intent is to assist with the new season and provides assistance and incentives for Clubs to foster their membership. I ask that this money be used for that purpose and not go into general revenue. This is a time when we all need to look to the future of our Clubs and the red and yellow in general.

Over the weekend we held a meeting of Club and Branch Support Services members where we took part in a Support Operations and Emergency Service Framework review which will form part of a statewide consultation. This was very positive and assisted with areas where our operations can be streamlined, thanks to all who gave up their Sunday. There will be a similar type session on 2 July regarding the Operation Blueprint Project, which deals with risk rating of beaches. We will keep you advised.

Our recent Awards of Excellence was held and is definitely a different concept to what we are used to, it was our first foray into this type of format and my thanks to Jo Hawkins and her crew for pulling it together. Congratulations to all winners that have made their Clubs proud, most of whom will go on to represent our Branch at the State Awards in August. A well deserved congratulations to our major winners Tony Worton Lifesaver of Year, Sandra Slattery Volunteer of Year along with SWRSLSC being named as the prestigious Club of the Year, well done.

As I mentioned on the night, my thanks to our major sponsor Newcastle Permanent, our local Councils and all of our smaller supporters. My main thanks is saved for all of our members and Club Committees who have hung in there throughout the past few months, of most significance, the Club Presidents who have had to deal with some tricky situations on top of their normal workload.

Clubs will now start looking towards AGMs and Presentations, so nothing has really changed, apart from how we do it, which is why we are such a resilient organisation. I trust you keep well and hope to catch you on the beach soon at a local event near you.

Yours in surf life saving,

Rod McDonagh

**President
Life Member
Surf Life Saving Mid North Coast**



SLSMNC NEWCASTLE PERMANENT AWARDS OF EXCELLENCE

Due to the COVID-19 social distancing restrictions we were unable to hold our usual annual award and presentation evening. However, the achievements of our members needed to be recognised and so Saturday 13th June we brought the Awards to you live at home via the SLSMNC Facebook pages.

<https://www.facebook.com/groups/slsmnc/>

Thank you to all Officials, Water Safety and others who volunteered their time and well done to all our Surf Sports competitors. Congratulations to all Award of Excellence nominees and winners for your outstanding contribution and commitment to Surf Life Saving.

Joanne Hawkins

SLSMNC Director of Administration

Major Award Winners

- LIFE SAVER OF THE YEAR - TONY WORTON CHSLSC

Tony currently holds a role on the executive committee as the Director of Life Saving, which involves organising the patrol teams, setting the patrol roster and maintaining good relationships with the patrol members.

Tony is also the Gear Steward for CHSLSC. He ensures all our life saving equipment is in working order, keeps a log of it all through Surfguard, fixes the damaged gear and reinforces the tidiness and well keeping of the gear area.

This season with our numbers growing in Nippers CHSLSC needed to appoint a water safety officer. Tony has taken the leadership and responsibility of this role as well. The strict scrutineering of beach conditions and number ratios plays a big part in Tony's Sunday mornings prior to Nippers starting.



- VOLUNTEER OF THE YEAR - SANDRA SLATTERY TPSLSC



Sandra was appointed the Chairperson of the Junior Activities Committee for the 19/20 season. As the Chairperson of the JAC Sandra was invited to attend monthly Board Meetings to provide input not only from a "nipper" perspective but also from an overall Club perspective.

Sandra is a Vice Captain of Patrol Team 2 and carried out 48 patrol hours for the 19/20 season. In January 2020 the role of Director of Finance was vacated and Sandra was elected into this role. Sandra is a supportive member of the Club's JAC team and continues to encourage committee members and others to become involved in not only the junior movement but also to upskill to become an official, a patrolling member or committee person.

- CLUB OF THE YEAR - SOUTH WEST ROCKS SLSC

South West Rocks Surf Life Saving Club (SWRSLSC) celebrated its 100th year at the start of the 2019/20 season, making it the second longest serving club within the MNC Branch. The Club provided just under 2000 patrol hours for the reduced season and carried out a number of serious rescues and incidents both in and out of patrol hours. The 'rescue readiness' of our assets and members was shown when four kayakers were rescued in two separate incidents, less than seven days apart. Both rescues were conducted in hazardous conditions with our members displaying their high lifesaving expertise and local knowledge.

Throughout its 100 years of operation SWRSLSC has always had considerable representation within the Branch and acknowledged the importance of collaboration and cohesiveness within the MNC clubs. This continues today with the Club providing two Duty Officers, two RWC Operators, two members who sit on the Branch Board of Directors.





**YOUNG LIFESAVER OF THE YEAR
RACHEL HOSICK - CHSLSC**

80 patrol hours, IRB Crew, Junior Club Captain, Age Manager, Mentor Dee Why Youth Program, CHSLSC Junior Club Person of the Year



**YOUNG VOLUNTEER OF THE YEAR
STEPHANIE CLARKE - TPLSLC**

Patrol Vice-Captain, IRB Crew, SLSMNC JLOTY panelist, assisted with Dee Why Youth program, mentored JLOTY finalists



**SURF SPORTS TEAM OF THE YEAR
THE FULL CASSOWARIES - WBHSLC**

2nd in North Coast Coat Series, combined SLSNSW Surf Boat Interbranch Champion Branch, SLSNSW State Championship Finalist



**COACH OF THE YEAR
STEVE MONAGHAN - WBHSLC**

Surf Sports Development Coach Surfboats + Accredited Sweep. Coach of U/23 Women's Team - The Boatettes



**ADMINISTRATOR OF THE YEAR
JENNY COOPER - CHSLSC**

Director of Finance CHSLSC + SLSMNC. Ensures all financial + compliancy obligations are met



**INITIATIVE OF THE YEAR
MACLEAY NIPPERS - KCHSLSC, HHSLSLSC, SWRSLSC**

Provided the members of these small clubs an opportunity for increased competition, education and skill development.



**COMMUNITY EDUCATION PROGRAM OF THE YEAR
ROTARY TO SURF LIFE SAVING LEGENDS - WBHSLC**

Promoted surf awareness, sun safety + surf safety to International Rotary students.



**TRAINER OF THE YEAR
CRAIG SCHWEIKERT - SWRSLSC**

Provides beneficial + innovative input into all matters pertaining to training and mentoring probationary trainers.



**OFFICIAL OF THE YEAR
WENDY EVANS - HHSLSLSC**

Officiated at every SLSMNC Junior Carnival for the past 10 years and many years at SLSNSW Country + State Championships.



MASTERS ATHLETE OF THE YEAR

RAELENE MYERS - TPSLSC

Coolangatta Gold Team medalist, 6 x medals SLSNSW State Championships, 9 medals at SLSNSW Country Championships



YOUNG ATHLETE OF THE YEAR

TOM OSBORNE - TPSLSC

Competed in the Coolangatta Gold, 7 x medals at SLSNSW Country Championships, member of Interbranch Team



ROOKIE OF THE YEAR

TOM INATEY - WBHSLSC

New patrol member who completed Bronze on 14/12/19 + had been a great asset to the club since then, completing 34 patrol hours this season.

DISTINGUISHED SERVICE HONOURS AWARD

For outstanding service of over five (5) years to the Surf Lifesaving Mid North Coast Branch.

Congratulations to:

Paul Ruddock HHSLSC Mike Stevenson HHSLSC

Gary Hawkins CHSLSC Joanne Hawkins CHSLSC

Michelle Garvan CHSLSC Paul Rayner TPSLSC

Mitch Dawson TPSLSC Tony Hallinan TPSLSC

Richard Broomby TPSLSC Mick Lang TPSLSC

Warren White TPSLSC



SAVE THE DATE

SLSNSW Awards of Excellence
Saturday 29th August
6.30pm

SLSMNC AGM
Monday 17th August
Time to be confirmed

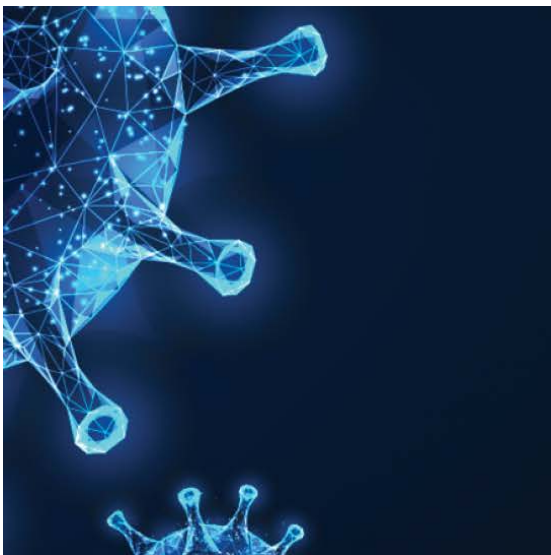


WOMEN IN SURF LIFE SAVING

July 1 2020 marks the 40th anniversary of women's involvement in active surf lifesaving duties. Surf Life Saving NSW is celebrating this important anniversary and the achievements of women over the past 40 years. Help us recognise our trailblazing women by sharing your stories, photographs and video. Email us your stories about the women who inspired change in the Surf Life Saving movement. Send us your photos and videos via WeTransfer to memberservices@surflifesaving.com.au

NATIONAL LEADERS MASTERCLASS 2020

Expressions of Interest are now open for the 2020 National Leaders Masterclass taking place from 10-13 September 2020 at the University of South Australia, Adelaide SA. Multicultural and Indigenous Scholarships are also available to members. Members, Brienna Elford and Kim Rayner have both attended the Masterclass in 2019 and 2018 respectively. Brienna, the current SLSMNC Director of Marketing and Communications cannot speak highly enough of the experience, "This was a fantastic opportunity from SLSA where members from across the country came together to discuss strategic planning both at club, state and national level." She also added "The weekend allowed time for networking. It was interesting to discuss the challenges and achievements of clubs and their members." For more information go to <https://www.surflifesaving.com.au/resources/slsa-leadership-development-programs>



CORONAVIRUS UPDATES AND RESOURCES FOR SLSNSW MEMBERS

For all current information regarding CORONAVIRUS and surf lifesaving visit the SLSNSW website.

<https://www.surflifesaving.com.au/resources/coronavirus-covid-19-updates-resources-slsnsw-members>

THANK-YOU TO OUR SPONSORS.....

