

HIGH-TIDE

*Official newsletter of
Surf Life Saving Mid North Coast*



President's Message

Firstly, thanks to all of our patrolling members who have been extra busy over the holiday period, fortunately it was relatively incident free. There were a few rescues and beach closures, bluebottles and COVID considerations, and a sewage outfall to deal with. Duty Officers and Club Call Out Teams have been kept busy with a number of incidents attended. Unfortunately, there was a search for a missing spearfisherman at South West Rocks in late January, whose body has not been recovered to date. This search involved a number of Clubs and Duty Officers who worked alongside Police, Marine Rescue and SES. My thanks to all involved. We finally got to run the Branch Championships at Tacking Point in some challenging conditions, unfortunately the Surf Boats had to be cancelled, but once again thanks to all competitors, officials and supporters.

On the Sunday it was also timely that we announced the Junior Life Saver of the Year, proudly supported by Newcastle Permanent. Representing their Clubs were Taylah Moffitt Kempsey-Crescent Head, Lily Barlow Port Macquarie, Cooper Lurger Port Macquarie, Annelise Turner Tacking Point, Tyse Thrower Tacking Point, Raina Anderson Wauchope-Bonny Hills and Tim Broderick Wauchope-Bonny Hills SLSC. The winners were announced by Newcastle Permanent's Adam Power in front of Life Members, Branch Executive and competitors. Congratulations go to our Surf Lifesaving Mid North Coast Newcastle Permanent Junior Lifesavers of the Year for 2020/21 Taylah Moffitt and Cooper Lurger.

To all competitors who competed in the Junior State Championships, last weekend and those attending the Open, Masters & Boats in coming weeks, I hope all goes well. We will provide a summary of results once all rounds are completed. The Interbranch carnival is going ahead on 27-28 March and I'm sure our Team will acquit themselves well. Not long after that many will be heading north for the Aussies, so good luck to all in advance.

It seems numbers on the beaches are still fairly constant and as always, we will need to be on our toes from the remainder of the season. If any Clubs need any assistance in any aspect please feel free to contact me or any member of the Executive.

Rod McDonagh

President - SLSMNC
Life Member - SLSMNC

Australia Day Awards

CONGRATULATIONS to Molly Kemp. Awarded PMHC Youth Citizen of the Year at the Australia Day ceremony. Molly is a wonderful ambassador for the Port Macquarie SLSC and a dedicated volunteer and ALS Lifeguard. She is a great role model to all the up and coming lifesavers within PMSLSC.

Molly possess significant strength, maturity and is always polite and respectful to those around her and well liked by her peers. She has an enthusiastic and cheerful presence within PMSLSC and is a valued member not only to her patrol but to the club as a whole. †

Molly enjoys all surf life saving offers and seeks out opportunities to develop her skills. She has attended the Dee Why Development camp three years running and was selected as a participant for the Youth Opportunity Makers Workshop.

Molly enjoys representing her Club and Branch at all levels of competition, often stepping out of her comfort zone to help out a team.



Community Group of the Year Kempsey-Crescent Head Surf Life Saving Club

The Kempsey-Crescent Head Surf Life Saving Club is celebrating 100 years of service to the Macleay Valley this year.

The club is owned and run by its members, who have given thousands of hours service to protecting our community through the decades. The organisation has a rich history including many heroic rescues and has almost 200 members at present.

The successful Nippers program has attracted many new members to the club, keeping generations safe on our beaches.

At competition level, the Boat Crews have done the Macleay proud with both State and National recognition, as recently as the 2018/2019 season.

This past season, which was interrupted by COVID-19, members still managed to complete 2104 hours of community service in patrolling and maintaining Crescent Head beach as a safe aquatic zone for residents and visitors.

Junior Lifesaver of the Year

Seven U/14 representatives from Clubs across the Mid North Coast Branch come together for Junior Lifesaver of the Year interviews on January 30th 2021.

Representing their Clubs were Taylah Moffitt (KCH), Lily Barlow (PM), Cooper Lorgier (PM), Annelise Turner (TP), Tyse Thrower (TP), Raina Anderson (WBH) and Tim Broderick Wauchope (WBH). Having been through a selection process at their own Club, they progressed to the SLSMNC Branch interviews as finalists in



this season's Newcastle Permanent Junior Lifesaver of the Year (JLOTY) program.

The MNC Branch selection panel this year consisted of Sue Croad (HHSLSC), Leanne Goggin (WBHSLSC) and Gary Hawkins (SLMNC Director of Member Services). Each finalist participated in a face to face interview held at the Branch Office where a male and a female winner were selected.

The winners were announced by Newcastle Permanent's Adam Power and SLSMNC Branch President Rod McDonagh at the MNC Branch Championships on 14th February in front of Life Members Ken Wilson, Chalkie Bob Smith, Ken Corbitt and Rod McDonagh (pictured below), Branch Executive and competitors.



Congratulations go to our Surf Lifesaving Mid North Coast Newcastle Permanent Junior Lifesavers of the Year for 2020/21 Taylah Moffitt and Cooper Lorgier.

Both Taylah and Cooper will now progress to the SLSNSW JLOTY Development Program to be held in Collaroy in April, vying for the SLSNSW JLOTY title for 2020/21 season. Good luck to you both and thankyou to the finalists for their participation in the JLOTY program this year.

Gary Hawkins

SLSMNC Director of Member Services



SURF SPORTS NEWS



"Our Club was honored to be selected to host the MNC Branch championships this year. I think all competitors, spectators, sponsors and members of all clubs present would have been impressed by the efficiency of the Carnival. The programming of events was successful and in my opinion, it allowed for flexibility especially for the water events on Saturday and Beach on Sunday.

On Saturday morning competitors were greeted with rain and slight winds with the Juniors facing challenging surf conditions especially for the 9, 10 & 11 year age groups. At this point I would like to make special mention of the water safety personnel for their efforts in the prevailing conditions. Well done to all. Most competitors showed great skills to complete each race they contested. In my opinion Block racing is the way to go in the future. The afternoon session of 14's through to masters still had challenging conditions, but we got through the majority of events. The Branch Championships is always a way to showcase club's ability to run events like these and from a Club President's perspective, I was impressed with the efforts of our small band of workers from our Club who ensured everything went smoothly on the weekend.

They are sometimes the forgotten people of the Club who set up the courses, including the water and beach areas, man the BBQ's throughout the day as well as the members who work hard behind the scenes, to ensure all the officials were provided with food and water throughout both days. Notwithstanding that they are the ones who are there at the end of the day packing up the beach, long after everyone has gone.

I know every Club in our Branch has them, but without these hard workers, the event would not be as successful as it was, so on behalf of the Club's Board of Management, I would like to publicly thank all of those members.

Finally, our club would also like to thank the Mid North Coast Branch Director of Surf Sports, Wendy Evans and her team of officials, who worked tirelessly throughout the two days to ensure this event ran smoothly."

Mick Lang

Tacking Point SLSC President



UPCOMING COURSES

IRB Crew + Driver Course

Theory Component

Thursday 15th April 6pm to 8pm @ SLSNSW Operations Centre, Central Rd, Port Macquarie

Practical Component

Saturday 17th + Sunday 18th April @ Wauchope-Bonny Hills SLSC

Trainers

Danny Suitor + Gayl Ellis (probationary IRB trainer)

Pre-requisites

Current financial member of SLSA

Bronze proficient

IRB Crew for Drivers course

Contact

Kim Rayner - education@slsmnc.com.au by Sunday 11th April

UAV Course

The Unmanned Ariel Vehicle (UAV) Operators Induction Program delivers the principals, skills and knowledge in the operation of UAV's in Surf Life Saving.

A course is being run on Saturday 10th April and Sunday 11th April from 8am - 4pm both days at the MNC Operations Centre, 13 Central Road Port Macquarie.

Pre requisites : Must be 16 years of age

Be a current financial member of a SLSMNC club

Please contact Kim Rayner if you would like to enrol for this course or require further information.

education@slsmnc.com.au 0419 760 808

Provide First Aid

This course provides participants with the knowledge and skills needed to manage emergency first aid situations. Once completed, participants will obtain a first aid certificate valid for three years.

Cost: \$50 Patrolling Members

\$75 Associates

\$120 Non surf club members

Prerequisites:

*Places are limited so please register with Kim by 10th March to obtain a login. The online workbook is to be completed and certificate bought to the course.

*Participants must be over 14 years of age

Tuesday 16th March
Wednesday 17th March
6pm - 9pm both
evenings

MNC Operations Centre
13 Central Road
Port Macquarie

CONTACT

Kim Rayner 0419760808
education@slsmnc.com.au

Save the Date

South West Rocks SLSC will be hosting a 50 year reunion for the Country Branches.
Friday 16th, Saturday 17th + Sunday 18th July 2021

For more information contact Bruce Caldwell brucenrosce@optusnet.com.au
or see SLSNSW Club Mail

Keep in the Know

SLSMNC has Facebook pages to enable members and the public to keep up to date for events and activities happening within our Branch.

The SLSMNC Branch 'Like Page' is a platform to promote information to the general public.

The SLSMNC 'Closed Groups' - Member Services Team, Education and Training, Surf Sports - are for members to join for information specific to that portfolio. Make sure you join these groups for all current information.



Surf Life Saving Mid North Coast Branch



SLSMNC Member Services Team



SLSMNC Surf Sports



SLSMNC Education and Training

THANK-YOU TO OUR SPONSORS.....



Please send articles for future newsletters to
lhatherly@surflifesaving.com.au