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MID NORTH COAST

HIGH-TIDE

Official newsletter of
Surf Life Saving Mid North Coast

President's Message

The annual SLSMNC Newcastle Permanent Awards of Excellence was held this season at Kempsey-Crescent Head SLSC. It was a great night being back together in the same room to recognise our members at all levels of the surf life saving movement and their continual contributions. Congratulations to all the eight Mid North Coast Clubs on their acknowledgements and awards on the night. Good luck to the award winners that will represent the MNC at the State Awards of Excellence in August. Thank-you to all the people that helped to make our awards evening such a great night.

Most people would recognise that there really isn't an off season any more with clubs hosting their own annual presentations, AGMs and training for the 2021/22 season which will begin in around thirteen weeks time. The Branch Executive Committee has worked hard this season and these volunteers continue to be available to support clubs and members with all aspects of club life. Please reach out if you are in need of assistance.

Yours in surf life saving,

Rod McDonagh

President
Life Member
SLSMNC

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SLSMNC NEWCASTLE PERMANENT AWARDS OF EXCELLENCE

A lovely evening was had by all at the recent SLSMNC Newcastle Permanent Awards of Excellence held at KCHSLSC. Official guests included SLSNSW President George Shales, Hon Melinda Pavey MP, Samantha Cullen and Bob Higham from Newcastle Permanent Building Society.

Thank you to my co-host Leanne Goggin from WBHSLSC and SLSMNC & SLSNSW Junior Lifesaver of the Year Taylah Moffitt for their assistance and also Alison Koivu and KCHSLSC for hosting the event.

This year we received an outstanding number of nominations, it was wonderful to see clubs recognising our many deserving volunteers.

Congratulations to all our members who received awards on the night. The outstanding winners from the Mid North Coast Branch Awards of Excellence have been nominated for the NSW Awards of Excellence which will be held at Luna Park, Sydney on the 28 August. I look forward to the evening and wish all MNC nominees good luck!!

Joanne Hawkins

SLSMNC Director of Administration

Major Award Winners

- SURF LIFESAVER OF THE YEAR - MATT WORRALL KCHSLSC

Matt currently holds the position of Club Captain, IRB Captain and Chief Training Officer at Kempsey-Crescent Head. This season Matt performed over 90 patrolling hours and facilitated all aspects of Club training. Matt was involved in multiple call outs as well as attending the week long search and rescue at SWR. He was an integral part of the flood assistance for Crescent Head residents volunteering for over a week. Matt is the type of member we wish we had more of.

- VOLUNTEER OF THE YEAR - ELAINE WALKER WBHSLSC

Elaine currently holds the position of Director of Surf Sports at Wauchope-Bonny Hills. She monitors performance and oversees training programs, for all members from juniors to the oldest master competitors - ensuring entries are processed in a timely manner. Elaine was the driving force behind the inaugural Rainbow Gold. This event was a great success and will be held again this year. Elaine also facilitates the 'Silver Salties' at her club, promoting the inclusion of all age groups.

- CLUB OF THE YEAR - WAUCHOPE-BONNY HILLS SLSC

The legends from WBH took out the Club of the Year. Throughout the season they held a Gottcha for Life 24 Hour Row-Fundraiser, built a strong Welfare Team and Chaplaincy Service, installed a Community AED, Rainbow Gold Enduro, Ladies Night to recognise 40 Years of Women in Lifesaving, Camp Quality - Day as a Lifesaver, installed shade and a permanent BBQ area, and provided fire and flood support.

YOUNG LIFESAVER OF THE YEAR
Brieanna Rumsby - CHSLSC
Brieanna completed 92 patrolling hours, is an Age Manager and assists with water safety. Throughout the season she gained her ART and IRB Crew Certificates.

YOUNG VOLUNTEER OF THE YEAR
Alyssa Slattery - TPSLSC
Alyssa completed 28.5 hours, is an Age Manager, assists in the Uniform Shop, assists with fundraising BBQs, helps with catering and fundraising with the bucket drive.

SURF SPORTS TEAM OF THE YEAR
The Kockatoos - WBHSLSC
In their first season of surf boat rowing The Kockatoos claimed 1st Place in the overall North Coast Boat Series, semi-finals Collaroy Young Guns, quarter-finals ASRL Open, semi-finals State Titles and semi-finals at Aussies.

COACH OF THE YEAR
Mick Lang - TPSLSC
As well as Mick being Club President, he has been involved in coaching for many years, such as surf boats and is also the driving force for the Interbranch Squad this season.

ADMINISTRATOR OF THE YEAR
Ian Latham - WBHSLSC
Ian has transformed the operational landscape at WBH with the 2020-25 Strategic Plan, BEACHES Business Plan and Sponsorship Packages, whilst performing the role of President.

TRAINER OF THE YEAR
Ian Everingham - SWRSLSC
'Spook' is the Cheif Training Officer for SWR and assists with all aspects of training throughout the season, He is also an IRB expert and trains and asseses across the MNC Clubs.

OFFICIAL OF THE YEAR
Tina Woodward - TPSLSC
Tina is a current Senior Official and has been officiating for over 10 years. She has officiated at Branch and State levels, taking on the roles of Carnival Referee and Deputy Referee.

MASTERS ATHLETE OF THE YEAR
Raelene Myers - TPSLSC
Raelene is a gun competitor who once again this year showed her ability in the surf sports arena. Winning medals at all levels of competition, across multiple disciplines.

YOUNG ATHLETE OF THE YEAR
Nick Caldwell - TPSLSC
Nick achieved some greats results this season at both Branch and State carnivals. He was also selected to be part of the SLSMNC Interbranch team.

ROOKIE OF THE YEAR
Nick Player - WBHSLSC
Nick gained his Bronze Medallion on 11/10/2020. He is a member of the surf boat fraternity, assisted in fundraising, carnival organisation, BBQ duties, memorials and maintenance.

SLSMNC 2020/21 SEASON STATISTICS

2,806 - Total Active Members within the 8 Clubs
24,745 - Patrol Hours
148,423 - Public Attendances at MNC Beaches
53 - Rescues performed
4,615 - Preventative Actions
188 - First Aid Treatments
2,456 - Awards Gained by Junior + Senior Members
2,662 - Proficienceys by Junior + Senior Members
233 - Member Transfers
269.5 - Beach Closure Hours

TOP 10 FEMALE/MALE PATROL HOURS

Brienna Elford - SWR - 97.5
Monica Felgentreff - PM - 94.5
Brieanna Rumsby - CH - 92
Anni Yaringa - PM - 85
Charlotte Miller - CH - 82
Rebecca Mitchell - SWR - 81.3
Kate Dwyer - CH - 78.5
Leanne Goggin - WBH - 75.5
Michelle Butt - WBH - 74.5
Georgia Miller - CH - 73.3

Paul Ruddock - HH - 256
Tony Worton - CH - 192.5
Rob McCue - PM - 167.8
Tony Wright - PM 166.3
Matt Worrall - KCH - 144.6
Ben Hosick - CH - 132
Tony Hallinan - TP - 124.5
Paul Hoole - WBH - 111.3
Stephen Robinson - WBH - 102
Trent Seale - CH - 99.8

SLSNSW AWARDS OF EXCELLENCE

Saturday 28th August , 6.30pm
Luna Park , Milsons Point NSW

CLUB NEWS

NSW Premier Gladys Berejiklian and Port Macquarie MP Leslie Williams announcing a grant of $24,859 to Port Macquarie Surf Life Saving Club to purchase a new IRB and other equipment.

It was a great morning at Tacking Point SLSC with the announcement of a successful grant application. $238,000 worth of funding will assist the club to upgrade club downstairs facilities, first aid room and office. Commencement will begin at the end of June. Thanks to all involved for keeping the community safe.

Our annual Ladies Night was extremely successful, raising well over $9,000 for the Club. Well done to all involved.
On the long weekend we had another fundraising event at the donut and raised approximately $6,000.

Tacking Point Surf Life Saving Club

The major winners from our 2019/20 and 2020/21 Club Awards are as follows:

President's Award
19/20 Craig Chichester 20/21 Tony Hallinan
Jason Northey Cadet of the Year
19/20 Kody Green 20/21 Alyssa Slattery
Patrol Person of the Year
19/20 Brent Wilkinson 20/21 Josh Lawrence
Club Person of the Year
19/20 Sandra Slattery 20/21 Dave Moore

EDUCATION

Upcoming courses.....
Provide First Aid @ Hat Head SLSC
Advanced Resuscitation Techniques @ Hat Head SLSC
See www.slsmnc.com.au for more info

TAF Pre-season Meeting

Pre Season Meeting - Trainers, Assessors andFacilitators
You are invited to attend a pre-season meeting on
Sunday 1st August 2021, 9am-4pm at SLSNSW Operation Centre, Central Rd Port Macquarie
The information at this meeting will present the upgrade to the new HCT units which are a mandatory requirement for all training and assessing this coming season.
Please RSVP to Kim Rayner eduction@slsmnc.com.au
by 25th July 2021.
CONTACT
Kim Rayner 0419760808 OR education@slsmnc.com.au

SAVE THE DATE

SLSMNC Branch AGM
Monday 16th August at 7pm
SLSNSW Operation Centre
13 Central Road, Port Macquarie

SWRSLSC will be hosting a 50 year reunion for the Country Branches.
Friday 16th, Saturday 17th + Sunday 18th July 2021
For more information contact Bruce Caldwell brucenrosc@optusnet.com.au
or see SLSNSW Club Mail.

SURF SPORTS NEWS

2021 SHARKSKIN NSW IRB SEASON

SLSNSW IRB STATE CHAMPIONSHIPS 9 - 11 JULY 2021
SOUTH WEST ROCKS SLSC

OFF SEASON INTERBRANCH TRAINING

THE NEXT INTERBRANCH TRAINING WILL TAKE PLACE AT WBHSLSC ON SUNDAY 18TH JULY. TIME TBA.

Check out the calendar on the SLSMNC website for Branch carnivals dates for 2021/2022.

THANK-YOU TO OUR SPONSORS.....

NEWCASTLE PERMANENT
Here for good.

Safe'n' SOUND
SELF STORAGE
www.safensound.net.au

APPS Mechanical