



HIGH-TIDE

*Official newsletter of
Surf Life Saving Mid North Coast*



President's Message

The 2022/23 Season is less than two weeks away and it has been great to see all of our Clubs and members gearing up for what we hope to be a more normal season. Our presence on the beach and during other emergency situations was strong from our patrolling members and Support Operations Team.

As a Branch we have had a big last few weeks of the off season. I would like to congratulate all of the 2022/23 SLSMNC Executive Committee and Office Bearers on their election. It is great to see such a strong team and I look forward to working with you all.

The Surf Life Saving NSW Awards of Excellence was held at Luna Park, Sydney on the last weekend of August. It was great to see so many Mid North Coast members in attendance to watch our Branch win four awards, the most we have ever won in one year.

Congratulations to Kim Rayner (TPSLSC) who won Facilitator of the Year, Geogina Gaddes (SWRSLSC) who won Volunteer of the Year and Mick Lang (TPSLSC) who won Official of the Year. We also won the prestigious award of Branch of the Year. This was the first time we nominated for this award and it was a proud moment when Mid North Coast was announced. It shows that as one of the smallest regional Branches, we are still able to deliver all aspects of surf life saving to a high standard and punch well above our weight against some of the larger metro branches.

As we get ready to put on the red and yellow we still need to ensure that we remain vigilant on the beach and that the safety of our members are at the forefront.

Rod McDonagh

**SLSMNC President
SLSMNC + SLSNSW Life Member**

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Surf Life Saving Mid North Coast Annual General Meeting - 2022

The Branch AGM was held on the evening of Monday 15th August.

We would like to introduce your Executive Committee and Office Bearers for the 2022/2023 season and thank the outgoing committee for their tireless work for the 2021/22 season.

These volunteers are there to support Clubs, their Committees and members across the various portfolios. We encourage engagement with our Branch Executive Committee and ask that all feedback is provided in writing through the Director of Administration.

For a copy of the Annual Report - go to www.slsmnc.com.au



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Officials Coordinator



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Gayl Ellis
Education Officer South



Nicole Browne
Deputy Dir of Member Services



Gayl Ellis
Education Officer Junior

SLSNSW Awards of Excellence



Branch of the Year

**MID NORTH COAST
BRANCH**

CONGRATULATIONS to the Executive Committee, Office Bearers, all our members and supporters!!

The main focuses for this season included member connectivity, having overcome the emotional, psychological and commercial strain of COVID-19 and various other natural disasters, and the Branch also recognised the growing demand for effective Support Operations; acting to increase Duty Officer availability and improve Rescue Water Craft and Call Out Team numbers.

The Branch provided a significant response to flooding disasters in and outside of its region, hosted a very successful IRB State Championships at South West Rocks, and saw its members earn a myriad of individual awards for service.



Facilitator of the Year

**KIM RAYNER
TACKING POINT SLSC**

Kim has been a member of Surf Life Saving for the past 42 years and was one of the first females to gain her Bronze Medallion in November 1980.

Kim is the Mid North Coast Director of Education and is a facilitator in a diverse range of courses.

Her quality of facilitating, encouragement and support of new facilitators, and her support of the education team, in general, is outstanding.



Official of the Year

**MICK LANG
TACKING POINT SLSC**

Mick Lang has officiated from a Club, Branch, Country, State and National level in a senior capacity for several decades, most notably as the referee for the North Coast Surfboat series for 16 years.

He has proven time and time again to be an outstanding official and a fantastic supporter of Surf Life Saving and Surf Sports.



Youth Volunteer of the Year

**GEORGIA GADES
SOUTH WEST ROCKS SLSC**

Georgia joined the club in 2013 as a nipper and has taken on a committee role this year as the Youth Member. She was awarded the Youth Volunteer for the second time, and this year was invited to be a facilitator at the Youth Opportunity Makers Development Camp.

Currently training for her IRB Driver Award and a member of the IRB competition team, Georgia is a dedicated role model to many in her club and branch. She is motivated by giving back to community, the lifestyle by the beach that comes with being part of surf lifesaving .

All members are cordially invited to attend the Raising of the Flags ceremony to celebrate the start of the new season.



**MID NORTH
COAST**

SLSMNC Raising of the Flags

Saturday 24th September

Kempsey-Crescent Head SLSC

Come along and celebrate the start of volunteer beach patrols across our Branch.

Commencing at 9.30am with flags raised at 10am

RSVP to memberservices@sismnc.com.au

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EDUCATION

Last month saw the SLSMNC Branch Education update for the 2022/23 season. Over twenty of our volunteer trainers, assessors and facilitators or TAFs as they are known spent the good part of their Sunday updating their skills and knowledge at the annual session.

Thank-you to our Branch Director of Education Kim Rayner, Branch Director of Lifesaving Paul Rayner and Hayley from Surf Life Saving NSW who ran the sessions.

If becoming a TAF is something that you are interested in please contact Kim education@sismnc.com.au



Some of the Clubs have been promoting Surf Life Saving during the off-season. It was great to see Camden Haven SLSC out promoting their club recently at the Laurieton Markets and Port Macquarie SLSC at the Charles Sturt University Open Day.

The Community Education trailer is available for use by all Clubs. To book please email either Leanne.lhatherly@surflifesaving.com.au or Gary at memberservices@sismnc.com.au



SURF SPORTS NEWS

Please [click here](#) to view the MNC Surf Sports calendar for the season. Dates can also be found on the calendar at SLSMNC.com.au

WARRIORS on WATER



8AM GUNS UP

Carnival 1 - South West Rocks
SAT 8TH OCT

Carnival 2 - South West Rocks
SAT 15TH OCT

Entries open via SEMS 1st
Spetember 2022

-  Men's Division
-  Women's Division
-  U19's Division
-  5 Races



MID NORTH COAST
NEW SOUTH WALES

Member Recognition



CONGRATULATIONS to Bec Mitchell on being awarded a SLSA National Medal for 15 Years Patrolling Service.

Bec is a patrolling member of South West Rocks but is also a long time official, trainer and probationary assessor.

Thanks Bec for all that you do for our members in the red and yellow!

Keep in the Know

SLSMNC has Facebook pages to enable members and the public to keep up to date for events and activities happening within our Branch.

The SLSMNC Branch 'Like Page' is a platform to promote information to the general public.

The SLSMNC 'Closed Groups' - Member Services Team, Education and Training, Surf Sports - are for members to join for information specific to that portfolio. Make sure you join these groups for all current information.



[Surf Life Saving Mid North Coast](#)



[SLSMNC Member Services Team](#)



[SLSMNC Surf Sports](#)



[SLSMNC Education & Training](#)

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